

Pubs and restaurants

Both Penrith and Carlisle have a wide range of places to eat. The surrounding villages have many pretty country pubs serving great food. These are our guests favourite pubs and restaurants. We recommend booking a table in advance on Friday and Saturday evenings.

The Fox and Pheasant, Armathwaite.

A fabulous old pub by the river Eden. Great food and an extensive menu. Perfectly located for a spectacular walk along the gorge before or after your meal.

Tel: 01697 472400 www.foxandpheasantinn.co.uk

The Highland Drove Inn, Great Salkeld.

The first floor of this pub is home to the award winning Kyloes Restaurant. Bar food is served downstairs.

Tel: 01768 898349

www.highland-drove.co.uk

Fantails Restaurant, Wetheral.

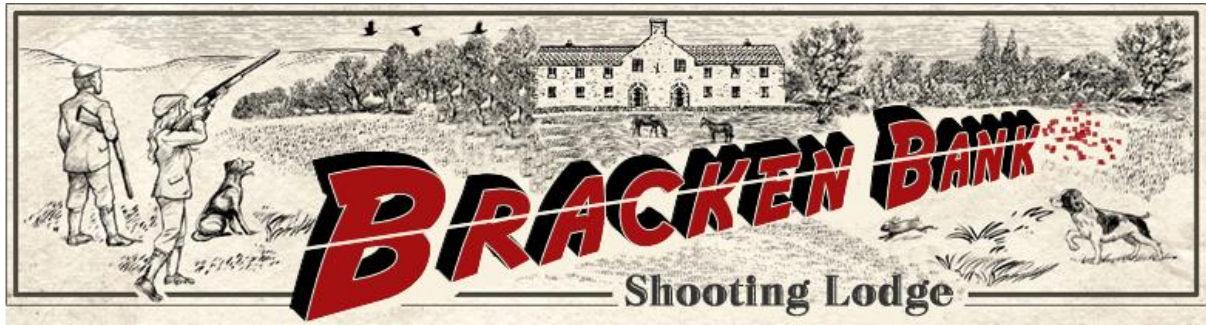
A delightful restaurant to suit all ages and tastes.

Tel: 01228 560 239

The Lowther Castle Inn, Hackthorpe.

The first floor old Courthouse is a wonderful setting for a hearty meal, Sunday lunches are particularly recommended.

Tel: 01931 712 339.



The Yanwath Gate Inn, Penrith.

Known locally as "The Yat", offers quality dining using local fresh ingredients.

Tel:01768 862386

www.yanwathgate.com

The Village Bakery, Melmerby.

This award winning bakery sells organic bread and cakes baked on the premises. A contemporary restaurant serving wholesome, organic food. The Village Bakery is a must for lunch or afternoon tea.

Tel: 01768 881811

www.village-bakery.com

The Watermill , Little Salkeld.

This is a delightful working mill where you can enjoy lunch or afternoon tea in the organic tearoom. The mill shop sells organic groceries and flour. The tearoom is open seven days a week 10.30 to 5pm but is closed from Christmas to the beginning of February

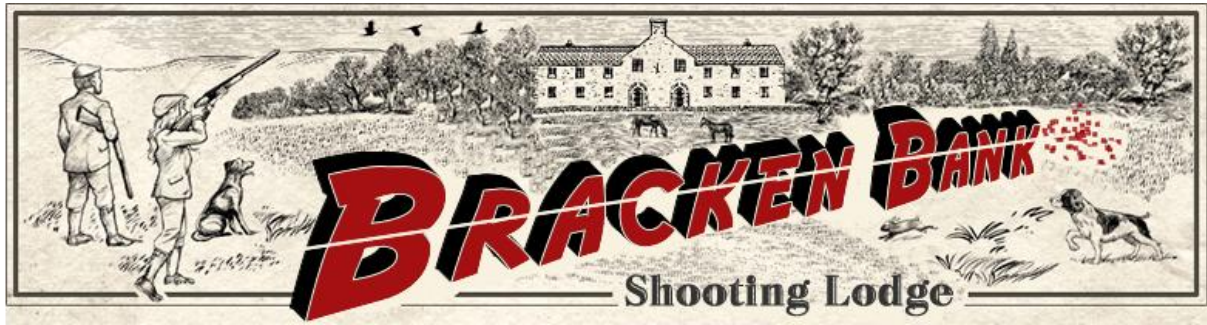
Tel: 01768 881523

Taste! Food Bar, Rheged.

Based around a stylish and contemporary food bar, Taste! provides a new and special eating experience for lovers of great food. From a daily changing menu of specialities the chef will prepare mouth-watering dishes before your eyes. Taste! Food Bar is part of the Taste! Food Hall, which is a showcase for British food and drink and the people who produce it. Open from 10am to 5pm.

Tel: 01768 868000

www.rheged.com



The Courtyard, Penrith.

A wonderful, intimate Chinese restaurant. Charming staff and fabulous cuisine.

Tel: 01768 840 222

Indiagate, Penrith.

Enjoy contemporary Indian cuisine surrounded by upmarket decor. Open 7 nights a week until 12am. Large groups can enjoy a special banquet at £15 per head.

Tel: 01768 210 020

The Platinum Chinese Restaurant, Penrith.

Very good service and superb food.

Tel: 01768 210 210

The Board & Elbow Public House, Penrith. Two main courses from a long menu for just £6.99.

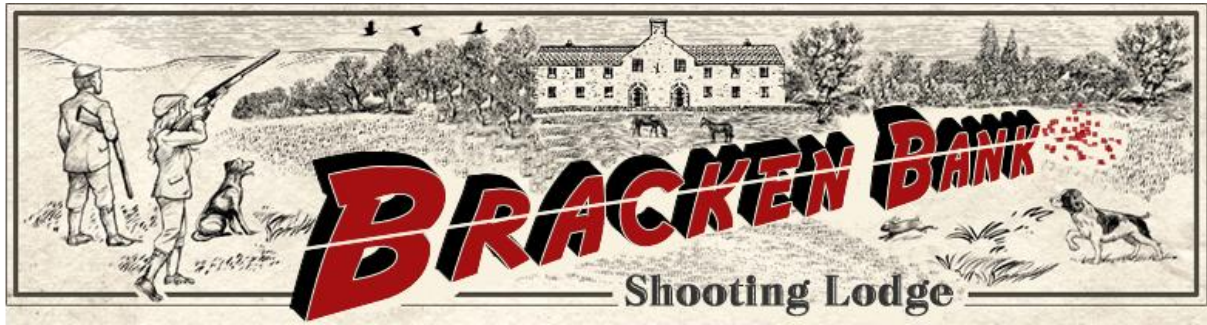
Tel: 01768 867221

Larch Cottage, Melkinthorpe, Penrith.

The prettiest place for lunch in the summer. Mediterranean bistro delicacies. Take a table on the balcony overlooking the beautiful garden nursery. No bookings taken.

Tel: 01931 712 402

www.larchcottage nurseries.com



The Rose and Crown, Low Hesket.

A popular pub serving good food. Book a table with the vintage coach seats.

Tel: 016974 73346

Shanghai, Shanghai, Carlisle.

This oriental buffet restaurant is big, modern, fun and incredible value. 80 varieties of dishes including curries, roast chicken, roast beef, chips, salads as well as Chinese. The puddings will particularly appeal to children. Eat as much as you like.

Tel: 01228 548 403

Eastern Cuisine Express, Carlisle.

Open seven days a week 10am to 6pm including bank holidays. This super little Chinese restaurant is conveniently situated in the heart of the city. Particularly good value are the set daily specials

(£3.60) and the buffet lunch (£3.20)

Tel: 01228 512 100

The Queens Head, Tirril.

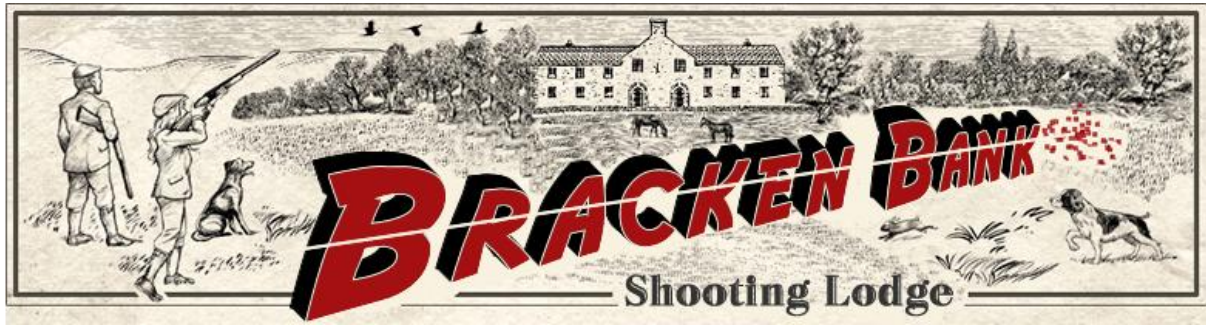
On the way to Lake Ullswater. Home of the Tirril Brewery. Flagged stone floor, real fire, has been "pub of the year".

Tel: 01768 863219

The Queens Head, Askham.

A family run business, close to Lowther Castle, a very popular country pub.

Tel: 01931 712225



The Drunken Duck.

If you are sightseeing in the Windermere, Coniston, Ambleside, Hawkshead area then do visit this wonderful pub and enjoy excellent modern British food in a very charming atmosphere.

Tel: 015394 36347

www.drunkenduckinn.co.uk

Farrers Coffee House, Kendal.

Dating from 1819 this is a gem of a place to visit when sightseeing in Kendal.

Old fashioned, charming, great for lunch or afternoon tea.

www.farrers.net